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Sapa Hard Trek & Home stay

3 Days/4 Nights - 2 nights home stay with Giay & Tay families

Itinerary

Night 1: 8.00pm Depart from Hanoi by taxi to Hanoi Railway Station and catch the night train to Lao Cai (soft sleeper with air-conditioning, 4 people/cabin or 2 people/cabin on request)
Arrive in Lao Cai at 5:30 or 6:00am.

Day 1 (B,L,D): Lao Cai - Sapa - Lao Chai and Ta Van village

5.30am - Arrive in LaoCai. The bus ride uphill to Sapa takes a little over an hour, giving you a glimpse of the stunning vistas and impressive rice terraces. Arrive in Sapa, have breakfast and prepare to start trekking at 9:00am down the valley. Stop for a picnic lunch, then continue to Ta Van village to visit Dzay minority people for a unique home stay experience.

Day 2(B,L,D): Ta Van - Giang Ta Chai - Ban Ho

This full day of trekking takes you along local paths, up and down rice terraces and into the villages and homes of the local hill tribes. Picnic lunch by the stream before moving on to Ban Ho.

Overnight with your Tay hill tribe family.

Day 3 (B): Ban Ho - Sapa - Lao Cai - Overnight train to Hanoi

Short trek to the dirt road for the jeep ride back to Sa Pa. Free afternoon to explore Sa Pa town, with great shopping in the market.

6.00pm - Bus departs Sapa for LaoCai (7pm).

8.20pm - Night train back to Hanoi (soft sleeper with air conditioning).

5.00am - Tour ends at Hanoi Railway Station.



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Includes:

- Full transportation by A/C vehicle as tour program indicated.
- A/C 4 berth soft sleeper train (join cabin - wooden cabin)
- Sightseeing fees and permits.
- English speaking guide
- All meals as mentioned in program (B=Breakfast, L=Lunch, D=Dinner)
- Accommodation as program

Excludes:

- Drinks, except otherwise mentioned
- Insurance, Personal expenses, Tips and emergency transfers.

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